



## **TEMECULA PREPARATORY SCHOOL CODE OF ATHLETIC PARTICIPATION**

Requirements for Participation:

### **1. Physical Exam**

An annual physical examination by a physician certifying that the student is physically fit to participate in athletics is required. The form distributed by the school must be filled out by a physician and returned promptly.

### **2. Emergency Medical Authorization**

Each athlete's parent/guardian must complete the Emergency Medical Authorization form giving permission for the treatment by a physician or hospital when a parent/guardian is not available. The information will be kept with the head coach for accessibility during practices and contests.

### **3. Insurance**

Accidental bodily insurance is required for athletic participation. Parents/guardians must sign the information form showing that they understand the information regarding insurance and the warning of accidents that may occur when participating in athletic activities.

### **4. Scholastic Eligibility**

Every student-athlete in the TPS athletic program must have a GPA of at least 2.0, and have no more than one "F" during the grading period prior to the season of sport. (There are four grading periods throughout the school year.) If the academic requirement is not met, the student will be on academic probation until the end of the next grading period. Athletic participation is not permitted during the probationary period.

### **5. Acknowledgement and Compliance of the Athletic Code and Policies**

Every student and parent/guardian must read and sign the form regarding the athletic code and policies showing that they understand, and agree to comply.

## WARNING TO ATHLETES & PARENTS/GUARDIANS

SERIOUS, CATASTROPHIC AND PERHAPS FATAL INJURY MAY RESULT FROM ATHLETIC PARTICIPATION. By its very nature, competitive athletics may put students in situations in which SERIOUS, CATASTROPHIC and, perhaps, FATAL ACCIDENTS may occur. Many forms of athletic competition result in violent physical contact among players, the use of equipment which may result in accidents, strenuous physical exertion, and numerous other exposures to risk of injury including transportation. Students and parents must assess the risks involved in such participation and make their choice to participate, in spite of these risks. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk; athletic participation by high school students also may be inherently dangerous. The obligation of parents and students in making this choice to participate cannot be overstated. There have been accidents resulting in death, paraplegia, quadriplegia, and other very serious permanent physical impairment as a result of athletic competition. By granting permission for your students to participate in athletic competition, you, the parent or guardian, acknowledge that such risk exists. Students will be instructed in proper techniques to be used in athletic competition and in proper utilization of all equipment worn or used in practice and competition. Students **must** adhere to that instruction and utilization and **must** refrain from improper uses and techniques. As previously stated, no amount of instruction, precaution, and supervision will totally eliminate all risk of serious catastrophic or even fatal injury. If any of the foregoing is not completely understood, please contact the school athletic director or headmaster for further information.

## INSURANCE STATEMENT

California school law and the education code **require** that every member of an athletic team have **accidental** bodily injury insurance, providing at least \$1500 of scheduled medical and hospital benefits. TVUSD provides an accident policy, which meets the above stands. This coverage is not a 24 hour medical policy. It only covers the student while participating in a **school sponsored and supervised activity**. The TVUSD policy is secondary to any other coverage you may already have. This coverage is extremely limited and additional coverage is highly recommended.

**Philosophy & Objectives**  
**of the**  
**TPS Athletic Program**

The TPS Athletic Program shall function in accordance with existing TPS policies, rules, and regulations, with the California Interscholastic Federation (C.I.F.), and with the Hillsdale model of classical education. The program shall provide a variety of meaningful experiences to enhance the development of habits and attitudes that will prepare students for adult life in society. All sports in the program shall always be conducted in a way that is an educational activity. While TPS takes pride in winning, it does not condone winning at all costs. TPS discourages any and all pressures that might lead to neglecting good sportsmanship and good health. Support of the athletic teams by the school is intended to generate school pride, success, and unity. It is to be considered an honor and privilege to participate in the TPS Athletic Program and represent our school. Therefore, teamwork and commitment are highly valued concepts in the program.

**Objectives:**

1. The student-athletes will learn vital lessons in character that promote teamwork, commitment, self-sacrifice, a strong work ethic, responsibility, self-confidence, and self-discipline in order to produce upstanding citizens and maximize the enrichment of their futures.
2. The student-athlete will learn that the principle of commitment is more important than mere athletics. The student-athlete will learn to remain committed to the team amidst challenges.
3. The student-athlete will learn to appreciate the skills and abilities of opponents.
4. The student-athlete will learn an appreciation of playing by the rules. The C.I.F. motto is "Pursing Victory with Honor". The TPS Athletic Program will reinforce this principle.
5. The student-athlete will learn the value of physical fitness and life-long health habits that lead to a healthy body and sound mind.
6. The student-athlete will learn to cope with the competitive nature of athletics and society in a positive manner.
7. The student-athletes will learn to be good winners as well as gracious losers when defeated.
8. The student-athlete will learn to accept challenges in a positive attitude and learn to strive to overcome them.
9. The student-athlete will learn to represent themselves, the team, and the school in a positive way at all times.

## **Philosophy of Participation**

Participation in the TPS Athletic Program is in addition to academics. Student-athletes voluntarily choose extra responsibilities, in addition to academics, when participating in sports. The student-athletes are required to remain committed to both. The student and parent/guardian will make a well thought out decision when deciding to commit to the extra responsibilities of athletic participation.

Quitting is an unacceptable habit and is strongly discouraged. On occasion, however, an athlete may need to cease participation for a good reason. If this is the case, consultation of the parents/guardians, coach, and athletic director will be in order.

All student-athletes in the program are required to participate in fundraising. Participating in fundraising is intended to generate funds, as well as team camaraderie.

### **Middle School**

Participation at the middle school level is an introduction to the philosophies and objectives of the TPS Athletic Program. Winning within the rules and guidelines of the program is an objective at this level. The intensity in middle school athletic participation is less than the high school varsity level. Playing time is guaranteed to all eligible team members during each contest.

### **Varsity**

Varsity level athletic teams are the focal point of the TPS Athletic Program. To be a part of a varsity team is an honor in itself that must be earned. Commitment is more intensely valued at this level. Winning within the rules and guidelines of the program is an objective at this level. There is no guarantee of playing time.

## **Athletic Code of Conduct**

When a student voluntarily participates in interscholastic athletics, he/she agrees to abide by the rules in the TPS Athletic Code of Conduct. The code is in effect at all times; while the student is at school, and away.

Participation in the TPS Athletic Program is regarded as a privilege and not a right. All athletes shall abide by a code of conduct that will earn them the honor and respect that participation and competition in the interscholastic program affords. Any conduct that results in dishonoring the athlete, team, or school, or country will not be tolerated. Acts of unacceptable conduct tarnish the reputation of everyone associated with the athletic program, and the school.

Because of the serious nature of the following rules, the coach, athletic director, and headmaster/headmistress shall meet to determine the penalty according to the degree of infraction.

### **Rules**

1. The use or possession of alcohol, tobacco, steroids, or any other illegal drug is not tolerated.
2. Any student-athlete referred to the office of the headmaster/headmistress for a violation of school rules may be denied the privilege of athletic participation for a period determined by the headmaster/headmistress.
3. Fighting, taunting, or displaying any sort of poor sportsmanship towards anyone (opponent, official, spectator, teammate, coach, etc.) will not be tolerated.
4. All coaches may establish standards approved by the athletic director and headmaster/headmistress that are higher than or in addition to the general requirements. Non-compliance of these rules will not be tolerated.
5. To be eligible for interscholastic athletics, middle school and high school students must be in good academic standing with the school. Every student athlete must maintain a GPA of at least 2.0 and have no more than one F during the grading period prior to the season of sport. If the academic requirement is not met, the student will be on academic probation until the end of the next grading period. Athletic participation is not permitted during the probationary period.
6. Quitting a team for an unacceptable reason may result in the student losing the privilege of participating on a future TPS athletic team. This choice will be made by the athletic director and headmaster/headmistress.

7. An athlete must always consult with the coach before missing a practice or contest. Missing a practice or contest without a good reason will not be tolerated and will be dealt with by the coach. Every effort will be made by the coach and athletic director to avoid scheduling conflicts with other school functions. Likewise, every effort should be made by the student-athlete and parent/guardians to avoid scheduling conflicts with practice or contests.
8. Detentions have priority over athletic practices or contests. Student athletes will serve detentions before going to an athletic practice or contest. Final authority for infractions of this rule will rest with the headmaster/headmistress.
9. A student-athlete will not be allowed to participate in a future season until all school issued uniform items have been returned. The TPS athletes will be in uniform in appearance. All uniforms will comply with sport-specific rules and will not be altered to bring attention to an individual.
10. The TPS academic faculty will work with student-athletes strictly under the condition that student-athletes take initiative and responsibility in communicating future days in which they will miss class due to an athletic event.
11. All injuries must be reported to the head coach. If the injury requires medical attention by a physician, the athlete must obtain the physician's written clearance to return to activity.
12. The student-athletes shall show coaches, officials, teammates, opponents, spectators, and all TPS staff respect at all times.
13. The student-athlete shall strive to comply with the objectives and philosophies of the TPS Athletic Program.

### **Resolving Issues**

If there is a concern, the parent/guardian should go through the following procedure:

1. Encourage your child to resolve the problem themselves first.
2. Call to set up an appointment with the coach.
3. Do not confront a coach before, during, or after a contest or practice.

If the meeting with the coach did not provide a satisfactory resolution:

4. Call to set up an appointment with the Athletic Director to discuss the situation.
5. At this meeting, the next appropriate step can be determined.

## Agreement Form

By signing below, we show that we understand and agree to comply with all the given information regarding the requirements for participation, the insurance and accident warning, scholastic eligibility, the TPS athletic philosophies and objectives, the TPS Athletic Code of Conduct, and the procedure to resolve issues.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

